

# The Henka Institute™

Performance and Sustainability through  
Transformation



THE HENKA INSTITUTE™  
ORGANISATIONAL COACHING  
AND TRANSFORMATION



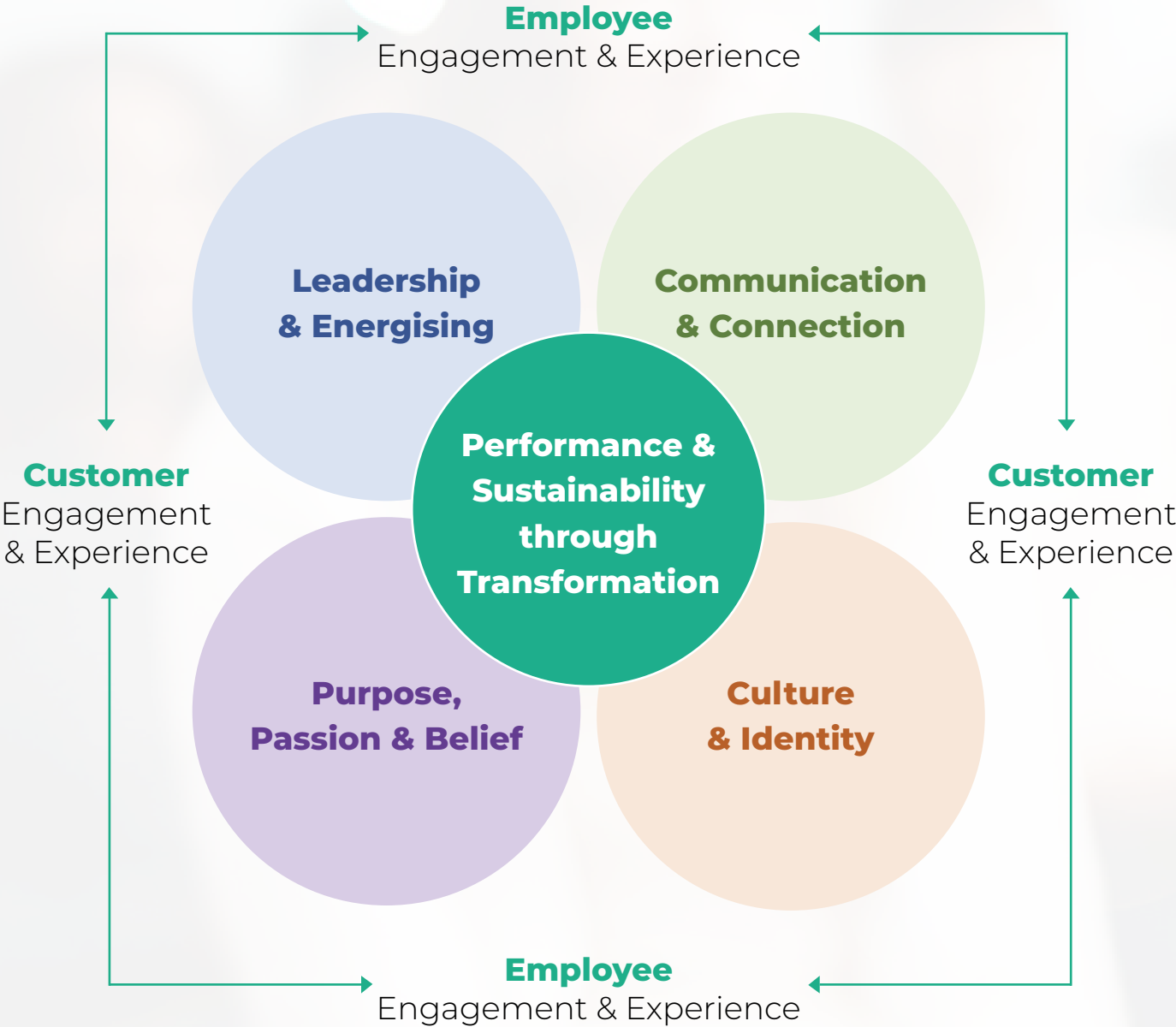
# The Henka Institute™

**The Henka Institute™** seeks to optimise performance and sustainability of organisations through our certified coaching programmes. The programmes have been designed to support organisations going through transformation in an increasingly volatile, uncertain, complex and ambiguous environment.

**The Henka Institute™** aims to enable the fundamental shift from command-control hierarchies, to organisations adopting a new cultivate-collaborate philosophy.

**The Henka Institute™** gets its name from the Japanese word Henka (変化) meaning change and transformation. It takes its inspiration from the power of emotional intelligence, neuroplasticity and mindfulness.

Optimising Performance and Sustainability through Transformation is underpinned by the Four Henka Success Dimensions™ that deliver winning experiences and engagement for employees and clients.



# The Henka Methodology™





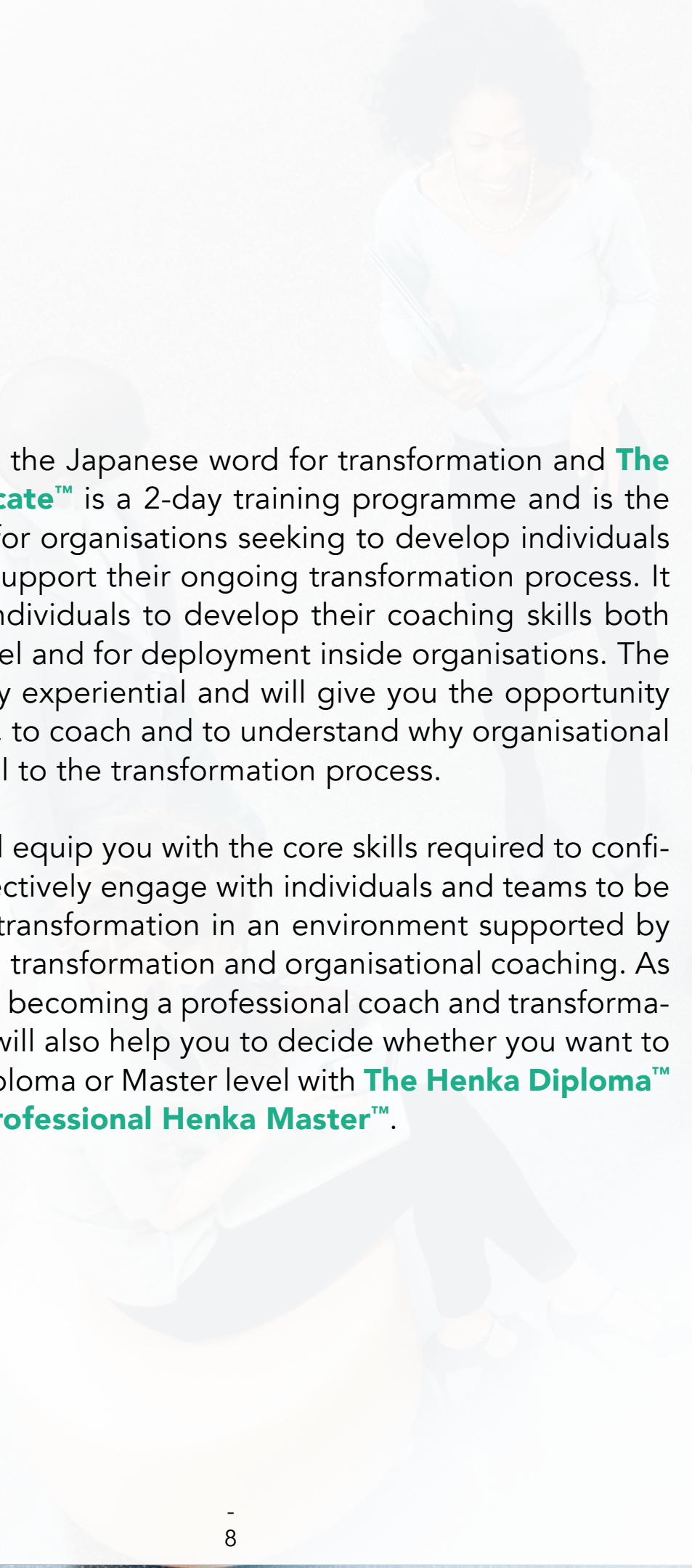
# Why Coaching?

In the corporate world coaching was once exclusive to senior leaders in the form of Executive Coaching but has now started to become a key resource to help employees, managers and senior leaders improve their contribution to organisational success.

In addition, employee engagement and cultural change have truly started to become key initiatives for corporates where coaching plays a key role in the organisational transformation process. Organisations know now that highly motivated employees give high performing results and some organizations even offer in-house cultural development programs which include coaching mindset, coaching leadership and general coaching skills.

**Certified Henka Coaches** know how to embrace change and support teams in finding and taking ownership of their solutions to successfully drive forward organisational transformation.





Henka (変化) is the Japanese word for transformation and **The Henka Certificate™** is a 2-day training programme and is the starting point for organisations seeking to develop individuals to be able to support their ongoing transformation process. It also enables individuals to develop their coaching skills both at personal level and for deployment inside organisations. The course is highly experiential and will give you the opportunity to be coached, to coach and to understand why organisational health is critical to the transformation process.

This course will equip you with the core skills required to confidently and effectively engage with individuals and teams to be able to guide transformation in an environment supported by experts in both transformation and organisational coaching. As the first step to becoming a professional coach and transformation expert, it will also help you to decide whether you want to progress to Diploma or Master level with **The Henka Diploma™** or **Certified Professional Henka Master™**.



# The Henka Certificate™





# The Henka Diploma™

**The Henka Diploma™** is a rigorous experiential training programme designed to bring a coaching culture to corporations. It embraces pioneering coaching techniques and philosophies that are successful in transforming organisations.

Those attending are typically experienced managers, trainers or consultants who want to add coaching to their skill set and have impact on organizational transformation.

Held over a 5 days of 8 hours (plus 4 hours of homework), participants work with the **Henka Model™** to learn how coaching can transform organisations from within.

# Contact Us

Contact a **Henka Institute™** consultant today



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